



Curriculum Overview: Physical Education

2021-2022

	Autumn Term		Spring Term		Summer Term	
Nursery	Introduction to PE 1		Fundamentals 1	Dance 1	Ball Skills 1	Games 1
Reception	Introduction to PE 2		Fundamentals 2	Dance 2	Ball Skills 2	Games 2
Year 1	Fundamentals	Gymnastics	Dance	Invasion	Striking and Fielding	Athletics
	Fitness	Ball Skills	Yoga	Sending & Receiving	Net & Wall	Target Games
Year 2	Fundamentals	Gymnastics	Dance	Invasion	Striking & Fielding	Athletics
	Fitness	Ball Skills	Team Building	Sending & Receiving	Net & Wall	Target Games
Year 3	Swimming	Swimming	Dance	Ball Skills	Football	Athletics
			Yoga	Fitness	Tennis	Rounders
Year 4	Tag Rugby	Gymnastics			Cricket	Athletics
	Fitness	OAA	Swimming	Swimming	Tennis	Dodgeball
Year 5	Netball	Hockey	Dance	Tennis		
	Rounders	Fitness	Yoga	Athletics	Swimming	Swimming
Year 6	Basketball	Handball	Gymnastics	Tennis	Cricket	Athletics
	Fitness	Dodgeball	OAA	Badminton	Golf	Enrichment