



Curriculum Overview: **Physical Education**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery		Intro to PE	Fundamentals Unit 1	Dance Unit 1	Ball skills Unit 1	Gymnastics
Reception	Introduction to PE	Intro to PE	Fundamentals Unit 1/2	Dance Unit 1/2	Gymnastics	Games Unit 1/2
Year 1	Fundamentals	Dance	Gymnastics	Sending and receiving	Striking and fielding	Target games
Year 2	Fundamentals	Team Building	Gymnastics	Invasion games	Net wall	Athletics
Year 3	Yoga	Swimming	Swimming	Gymnastics	Cricket	Dodgeball
Year 4	Tennis	Dance	Ball skills	Swimming	Gymnastics	Rounders
Year 5	Fitness	Hockey	Rounders	Gymnastics	Swimming	Athletics
Year 6	Swimming	Dance	Rounders	Hockey	Athletics	Swimming Gymnastics