

### **The Apostles' Creed**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and, life everlasting.

Amen.

### **Nicene Creed**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.



For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen.



# *St Gerard's School*



# *Prayer Book*

### Sign of the cross

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.



### Grace before meals

For the food we eat,  
and those who prepare it,  
for the health to enjoy it,  
and the friends to share it,  
We thank you God.  
Amen.



### Hail Mary

Hail Mary, full of grace,  
the Lord is with thee:  
blessed art thou among women,  
and blessed is the fruit of thy womb,  
Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death  
Amen.



# Nursery & Reception

### Goodnight Prayer

and thank you I say,  
for being my friend  
at work and at play.  
Dear Jesus, I love  
you, please help me  
to always be good.  
Amen.

### Morning Prayer

O my God, you love me,  
you're with me night and day.  
I want to love you always  
in all I do and say.  
I'll try to please you, Father,  
Amen.

### Grace after meals

Thank you God, for the  
food we have eaten.  
Thank you God, for all  
our friends. Thank you  
God for everything.  
Thank you God.  
Amen.



### Our Father

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.

### Act of Faith, Hope and Love

Jesus, believe in you.  
Jesus, I hope in you.  
Jesus, I love you Jesus.



### FAITH

Act of Faith

My God, I believe in you and  
all your Church teaches,  
because you have said it  
and your word is true.  
Amen

## Year 1



### Prayer to the Guardian Angel

Angel of God, my guardian dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light and guard, to rule and guide.  
Amen.



Glory be  
Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

## Year 2



### HOPE

Act of Hope

My God, I hope in you,  
for grace and for glory,  
because of your promises,  
your mercy and power.  
Amen.

### Eternal Rest

Eternal rest give unto them, O Lord,  
and let perpetual light shine upon them.  
May they rest in peace.  
Amen.

## Act of Love

O my God, I love you with my whole heart and above all things because you are infinitely good and perfect, and I love my neighbour as myself for love of you. Grant that I may love you more and more in this life, and in the next for all eternity.

Amen.

## The Angelus

The Angel of the Lord declared to Mary:  
**and she conceived of the Holy Spirit.**

Hail Mary... **Holy Mary...**

Behold the handmaid of the Lord:

**be it done to me according to your word.**

Hail Mary... **Holy Mary...**

And the Word was made flesh:

**and dwelt among us**

Hail Mary... **Holy Mary...**

Pray for us, O holy Mother of God

**that we may be made worthy of the promises of Christ.**

Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we to whom the incarnation of Christ, your Son, was made known by the message of an angel, may be brought by his passion and cross to the glory of his resurrection, through Christ our Lord. Amen.

## Year 3



### Act of Contrition

O my God, because you are so good, I am very sorry, that I have sinned against you, and with the help of your grace, I will not sin again.

Amen.

### The Confiteor

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.



## Year 4



### Prayer to the Guardian Angel

Angel sent by God to guide me, be my light and walk beside me; be my guardian and protect me; on the paths of life direct me.



### Nunc Dimittis

Now, Lord, you have kept your word: let your servant go in peace. With my own eyes I have seen the salvation which you have prepared in the sight of every people: a light to reveal you to the nations and the glory of your people Israel. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end.  
Amen.



### The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with the confidence, I fly unto you, O Virgin of virgins, my mother. To you I come, before you I stand, sinful and sorrowful; O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me.  
Amen.



# Year 5

## Regina Caeli

Queen of Heaven, rejoice. Alleluia!  
 For he whom you were made worthy to bear.  
 Alleluia!  
 Has risen as he said. Alleluia!  
 Pray for us to our God. Alleluia!  
 Rejoice and be glad, O Virgin Mary. Alleluia!  
 For the Lord has risen indeed. Alleluia!  
 Let us pray;  
 God, who through the resurrection of your Son,  
 Our Lord Jesus Christ,  
 Has made glad the whole world,  
 Grant us, we pray,  
 That through the intercession  
 Of the Virgin Mary, his mother,  
 We may attain the joys of everlasting life.  
 Through the same Christ our Lord.

Amen.



## The Magnificat

My soul glorifies the Lord,  
 My spirit rejoices in God, my Saviour.  
 He looks on his servant in her loneliness;  
 henceforth all ages will call me blessed.  
 The Almighty works marvels for me. Holy  
 his name! His mercy is from age to age,  
 on those who fear him.

He puts forth his arm in strength  
 and scatters the proud-hearted.  
 He casts the mighty from their thrones  
 and raises the lowly.  
 He fills the starving with good things,  
 sends the rich away empty.  
 He protects Israel, his servant,  
 remembering his mercy,  
 the mercy promised to our fathers,  
 to Abraham and his sons forever.

Amen.

# Year 6

## Hail Holy Queen

Hail, Holy Queen, Mother of Mercy; Hail, our life,  
 our sweetness and our hope!  
 To thee do we cry, poor banished children of Eve.  
 To thee do we send up our sighs,  
 mourning and weeping in this valley of tears!  
 Turn, then, most gracious Advocate,  
 thine eyes of mercy toward us,  
 and after this, our exile,  
 show unto us the blessed fruit  
 of thy womb, Jesus.  
 O clement, O loving, O sweet Virgin Mary.



## Prayer to the Holy Spirit

O Come, Holy Spirit,  
 Fill the hearts of your faithful,  
 and kindle in them the fire of your love.  
 Send forth your Spirit  
 and they shall be created. And you shall renew the  
 face of the earth.  
 O God, who has taught the hearts of the faithful by  
 the light of the Holy Spirit,  
 grant that by the gift of that same Spirit we may be  
 always truly wise  
 and ever rejoice in his consolation.

Amen.